



OFFICE OF THE GOVERNOR  
HAGÁTÑA, GUAM 96910  
U. S. A.

**EXECUTIVE ORDER NO. 2009-08**

**RELATIVE TO CREATING THE HEALTHY GUAM INITIATIVE  
Government of Guam Employee HEALTH Program Steering Committee**

**WHEREAS**, the overall health and fitness of the employees and the citizens is important to the Island's productivity, collective happiness and quality of life; and

**WHEREAS**, statistics show that the health status of Guam's population continues to be affected each year due to unhealthy lifestyle practices that result in increased stress levels, obesity and medical conditions such as cardiovascular diseases and diabetes; and

**WHEREAS**, the Healthy Guam Initiative's vision of *HEALTH (Having Every Age Live & Think Healthier) Where We Work*, seeks to promote healthy lifestyles, wellness, and enhanced physical fitness for government employees to improve not only their health but also their service to the citizens of our Island; and

**NOW, THEREFORE, I, FELIX P. CAMACHO**, I Maga'lahaen Guahan, Governor of Guam, by virtue of the authority vested in me by the Organic Act of Guam, as amended, do hereby order:

1. The Healthy Guam Initiative, government of Guam Employee HEALTH Program Steering Committee (the "Steering Committee"), is hereby created consisting of the Governor's Special Assistant on Health Policy and Initiatives, who shall serve as the committee co-chair together with the President of the Governor's Council on Physical Fitness & Sports. Other members of the Steering Committee shall include the Director of Department of Public Health & Social Services or designee, the Director of the Department of Parks & Recreation or designee, and the Director of the Department of Administration or designee.
2. The responsibilities of the Steering Committee shall include, but is not limited to:
  - a. Develop a comprehensive government of Guam Employee HEALTH Program by December 31, 2009. The physical activity component of the Employee HEALTH Program, the Get Up And Move (G.U.A.M.) program, will be launched on June 1, 2009;
  - b. Oversee the communication and promotion of wellness initiatives and programs to government of Guam employees which may include website links to wellness programs, offering recognition for employee participation, and supporting preventative measures such as on-site health screenings and wellness materials;
  - c. Develop criteria for agencies to be awarded, on an annual basis, recognition by the Governor for their participation in Wellness initiatives and promotion of programs that focus on the health of their employees;



- d. Each agency head shall identify a HEALTH Coach for their respective agency to assist the Steering Committee, to spearhead that agency's efforts, and to serve as the agency's liaison. Each agency shall offer its expertise and cooperation to educate all government of Guam employees on healthy life and fitness models; and
- e. All government of Guam employees are encouraged to participate in the government of Guam Employee HEALTH Program and in any future programs of the Healthy Guam Initiative.

Employees who choose to participate in the Employee HEALTH Program must adhere to the policies and procedures of the government of Guam Employee HEALTH Program.

SIGNED AND PROMULGATED at Hagåtña, Guam this 26 day of May, 2009.

FELIX P. CAMACHO

*I Maga' lãhen Guahan*

Governor of Guam

COUNTERSIGNED:

MICHAEL W. CRUZ, M.D.

*I Segundu Maga'lahen Guãhan*

Lieutenant Governor of Guam

